

ORPINGTON OJAYS S.C

(Affiliated to ASA London & KCASA)

Licensed

Age Group Open Meet

Under ASA Rules & Technical Laws)

on

17 & 18th April 2010

at

**BLACK LION SPORTS CENTRE,
GILLINGHAM, KENT**

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EVENTS

12,13 ,14 and 15+ (girls) , 12,13,14,15 and 16+(boys), 100m all strokes,

9,10,11 years 50m all strokes

12+yrs 50m Freestyle and 400m Freestyle

12+ yrs 200m all strokes

12+ yrs 200m and 400m IM

All events are Heat Declared Winner

*

AGE GROUPS

9,10,11,12,13,14,15 yrs and over (girls)

9,10,11,12,13,14,15,16 yrs and over(boys)

Six awards in all age group events

Three awards in all 12+yrs events corresponding to
Junior (12/13), Intermediate (14/15) , Senior (16+)

TOP CLUB TROPHY.

Closing date for entries: 15th MARCH 2010

For further details and entry information

see our web site at <http://www.orpingtonojays.com>

(This event is licensed [2LR0063] as Grade 2 by the A.S.A)

PROMOTER'S CONDITIONS
Level 2 Licensed OPEN Meet 2010

- 1) This competition is promoted by Orpington Ojays SC which is affiliated to ASA London. It is to be held under ASA Laws and ASA Technical Rules, and the event is licensed by the ASA for entry to Regional and National Events. The event will be held in a six lane 25m pool with electronic timing pads and display.
- 2) Ages are at 18th April 2010. It is the swimmers responsibility to ensure his/her eligibility for each event. All swimmers must be currently registered with the ASA.
- 3) All events will be swum on a HDW basis. The final two heats of each event will be spearheaded. All starts will be at the deep end of the pool, and over the top starts will be at the discretion of the Referee.
- 4) Entries can be submitted electronically (Sportsystems), details of which will be on our website from mid-February. Entries not submitted electronically will incur a charge of £5.00/competitor. Entries will also be accepted on the official individual entry forms (with the appropriate surcharge).
- 5) A cardless entry system will be operated at this gala. Swimmers **must** sign in at the relevant desk **not later than 45 minutes prior** to the start of each session for the events in **that session only**.
- 6) Late arrivals will be accepted if the heats starts list for an event has not been processed to the point where it is unreasonable to rework the event. If this is unreasonable a swimmer will be offered an empty lane in the closest heat to his/her entered time if one is available. Late arrivals will be accommodated on a first come first served basis.
- 7) Competitors must report to the stewards in the teaching pool area at least two events before their own. Competitors not reporting in time for an event may be excluded from the start. Competitors for the first two events of each session must report to the stewards directly after the finish of the warm up.
- 8) Competitors must leave the pool by the steps at the sides of the pool and not climb out over the electronic pads.
- 9) An adjacent swim -down facility is available.. This area must not be used during the formal 'warm up' time. It is the responsibility of the coaches/team managers to supervise their swimmers and to ensure it is only used for swim-down activity.
- 10) Awards will be made to the fastest 6 swimmers in the following age groups:- 9 years, 10years, 11 years, 12 years, 13 years, 14 years, 15 years (boys) 15+ years (girls) 16+ years(boys) in age group events and the fastest three swimmers in Junior (12/13), Intermediate (14/15) and Senior (16+)age groups in all other events. Where events are swum as combined age groups the seeding will be slowest to fastest irrespective of age. There will be a Top Club Trophy. Points will be awarded to the fastest six swimmers in the above age groups and the first three in the junior,intermediate and senior age groups for all other events.
- 11) Competitors are only allowed on poolside for the session in which they are competing, they must also cover up and wear shoes when leaving the poolside area. It is forbidden to bring glass containers on poolside. All rubbish must be taken off poolside when leaving.
- 12) The promoter reserves the right to alter the schedule if circumstances demand.
- 13) Any item not covered within these conditions will be at the discretion of the Promoter.

DATA PROTECTION ACT 1984

Orpington Ojays SC uses computers to run the entries and results of this meet. By submitting entries and accepting entry to the meet, consent is therefore given, as required under the Data Protection Act 1984, to the holding of personal information on a computer. Personal data such as name, club, entered and recorded times may be made public during or after the event.

Orpington Ojays SC Licensed Open Meet 2010

Information for Competitors, Spectators & Coaches.

1. The pool is situated at Black Lion Leisure Centre, Mill Road, Gillingham, Kent.
Tel: 01634 283700.
2. The pool is 25 metres long with 6 lanes. All starts at the deep end.
3. One coach per 10 swimmers is allowed on poolside up to a maximum of two per club(provided a coaches pass has been paid for in advance.) Coaches will not be allowed on the poolside without a pass. Parents are not allowed on the poolside at any time.
4. Smoking is **NOT** allowed anywhere in the Sports Centre.
5. Results will be available on our website www.orpingtonojays.com
6. Refreshments will be available from the cafeteria.
7. A Swim Shop will be open in the gallery area during the event.
8. Anyone using a video camera must register their name and address at the entrance desk.
9. Swimmers using the swim down pool must be supervised by their coach.
10. The Session times are as follows:

Session 1 Sign in before 6.30 pm
 Warm up 6.00 pm
 Events start 6.45pm

Session 2 Sign in before 8.45 am
 Warm up 8.30 am
 Events start 9.30 am

Session 3 Sign in before 2.00 pm
 Warm up 1.45 pm
 Events start 2.45 pm

Orpington Ojays Licensed OPEN Age Group Meet Saturday/Sunday 17/18th April 2010

Session 1	<u>Warm up 6.00pm</u>	<u>Start 6.45pm</u>	<u>Sign in before 6.30pr</u>
EVENT	1	Girls 12 & over 400m Individual Medley	
	2	BOYS 12 & over 400m Freestyle	
	3	Girls 12 & over 200m Butterfly	
	4	Boys 12 & over 200m Breaststroke	
	5	Girls 12 & over 400m Freestyle	
	6	Boys 12 & over 400m Individual Medley	
	7	Girls 12 & over 200m Breaststroke	
	8	Boys 12 & over 200m Butterfly	

Session 2	<u>Warm up 8.30am</u>	<u>Start 9.30am</u>	<u>Sign in before 8.45ar</u>
EVENT	9	Girls 12 & over 200m Individual Medley	
	10	Boys 12 & over 200m Freestyle	
	11	Girls 9/10/11 years 50m Breaststroke	
	12	Boys 9/10/11 years 50m Backstroke	
	13	Girls 14 years 100m Butterfly	
	14	Boys14/15 years 100m Breaststroke	
	15	Girls 15+ years 100m Freestyle	
	16	Boys 16+ years 100m Backstroke	
	17	Girls12/13 years 100m Freestyle	
	18	Boys 12/13 years 100m Breaststroke	
	19	Girls 9/10/11 years 50m Butterfly	
	20	Boys 9/10/11 years 50m Freestyle	
	21	Girls 14 years100m Backstroke	
	22	Boys 14/15 years 100m Freestyle	
	23	Girls 15+ years 100m Breaststroke	
	24	Boys 16+ years 100m Butterfly	
	25	Girls 12/13 years 100m Backstroke	
	26	Boys 12/13 years 100m Butterfly	
	27	Girls 12 & over 50m Freestyle	
	28	Boys 12 & over 200m Backstroke	

Session 3	<u>Warm up 1.45pm</u>	<u>Start 2.45pm</u>	<u>Sign in before 2.00 p</u>
EVENT	29	Girls 12 & over 200m Freestyle	
	30	Boys 12 & over 200m Individual Medley	
	31	Girls 9/10/11 years 50m Backstroke	
	32	Boys 9/10/11 years 50m Butterfly	
	33	Girls 14 years 100m Breaststroke	
	34	Boys 14/15 years 100m Butterfly	
	35	Girls 15+ years 100m Backstroke	
	36	Boys 16+ years 100m Freestyle	
	37	Girls12/13 years 100m Breaststroke	
	38	Boys 12/13 years 100m Backstroke	
	39	Girls 9/10/11 years 50m Freestyle	
	40	Boys 9/10/11 years 50m Breaststroke	
	41	Girls 14 years100m Freestyle	
	42	Boys 14/15 years 100m Backstroke	
	43	Girls 15+ years 100m Butterfly	
	44	Boys 16+ years 100m Breaststroke	
	45	Girls 12/13 years 100m Butterfly	
	46	Boys 12/13 years 100m Freestyle	
	47	Girls 12 & over 200m Backstroke	
	48	Boys 12 & over 50m Freestyle	

All events are heat declared winners

**ORPINGTON OJAYS SWIMMING CLUB LEVEL 2
 LICENSED OPEN MEET APRIL 17/18TH 2010.
 QUALIFYING TIMES. ALL. TIMES ARE SHORT COURSE (25m)**

EVENTS	BOYS							
	9	10	11	12	13	14	15	16+
50m Freestyle	42.1	39.3	37.2	35.1	33.1	31.3	29.9	29.0
100m Freestyle				1.15.7	1.11.1	1.07.3	1.04.6	1.02.6
200m Freestyle				2.44.7	2.35.0	2.26.6	2.20.8	2.16.3
400m freestyle				5.46.0	5.26.8	5.10.4	4.75.5	4.48.7
50m Breaststroke	55.1	51.3	48					
100m Breaststroke				1.36.9	1.30.1	1.25.1	1.21.0	1.18.4
200m Breaststroke				3.29.2	3.15.3	3.03.9	2.55.8	2.50.7
50m Butterfly	47.4	43.8	41					
100m Butterfly				1.24.6	1.19.1	1.14.4	1.10.7	1.08.8
200m Butterfly				3.06.6	2.54.7	2.44.7	2.35.5	2.31.7
50m Backstroke	48.6	45.1	42.5					
100m Backstroke				1.25.2	1.19.7	1.15.0	1.11.5	1.09.3
200m Backstroke				3.02.6	2.51.1	2.41.4	2.34.3	2.29.8
200IM				3.06.8	2.55.8	2.45.3	2.38.2	2.33.7
400IM				6.34.3	6.12.0	5.50.3	5.34.6	5.25.4
EVENTS	GIRLS							
	9	10	11	12	13	14	15+	
50m Freestyle	42.6	39.9	37.7	35.7	34.3	33.3	32.5	
100m Freestyle				1.16.6	1.13.5	1.11.3	1.09.9	
200m Freestyle				2.44.9	2.38.0	2.33.5	2.30.2	
400m freestyle				5.43.7.	5.29.8	5.20.8	5.13.8	
50m Breaststroke	55.9	51.7	48.3					
100m Breaststroke				1.37.3	1.30.23	1.28.7	1.27.1	
200m Breaststroke				3.28.8	3.18.2	3.11.5	3.07.9	
50m Butterfly	47.9	43.9	41.3					
100m Butterfly				1.24.9	1.21.2	1.18.3	1.16.9	
200m Butterfly				3.06.4	2.57.3	2.51.0	2.46.9	
50m Backstroke	48.9	45.3	42.7					
100m Backstroke				1.25.3	1.21.4	1.19.0	1.17.1	
200m Backstroke				3.01.7	3.54.3	2.49.2	2.44.8	
200IM				3.06.3	2.58.8	2.53.1	2.49.5	
400IM				6.32.0	6.14.4	6.03.1	5.55.8	

Entries must be equal to or faster than the times published above for each event. The promoter reserves the right to restrict the number of entries by rejecting entries to keep the meet running time within the limits imposed by the ASA. If it is necessary to restrict entries this will be done by excluding the slowest swimmers in each event whilst ensuring an appropriate distribution across age groups.



Orpington Ojays Swimming Club

(Affiliated to ASA London and Kent County ASA)

Open Age Group Meet 2010

Level 2 Licensed Short Course Meet

(License No: 2LR0063)

on

Saturday 17th and Sunday 18th April 2010

at

Black Lion pool, Gillingham.

Club _____

Male/Female *(Please delete as appropriate)*

Surname _____

First Name _____

Date of birth _____

Age at 18/04/10 _____

ASA No: _____

Event	Time	Event	Time
50m Freestyle		50m Breaststroke	
100m Freestyle		100m Breaststroke	
200m Freestyle		200m Breaststroke	
400m Freestyle		50m Butterfly	
50m Backstroke		100m Butterfly	
100m Backstroke		200m Butterfly	
200m Backstroke		200m I.M	
		400m I.M	

Please note that not all events are available to all age groups- Swimmers in 9-11 yrs age group can only enter 50m events.

As with most OPEN events we would be grateful for the help of any of your Club Officials at this event. Please provide names and contact details below of any such officials.

ORPIINGTON OJAYS OPEN AGE GROUP MEET 2010
PLEASE COMPLETE FOR ALL ENTRIES

Club.....

I declare that to the best of my knowledge the information given is correct and that all swimmers are eligible to compete and accept the promoter's conditions.

Signed:..... Tel:.....

Email

Please print name.....

Designation.....

Confirmation of entries accepted to be returned to:

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Total number of entries for 400m events@ £6.00 =

Total number of entries for other events@£5.00 =

Total number of coaches passes @ £12.00 =
(includes programme, and set of results)

No.of competitors entering via paper form..... @£5.00 =

Total amount enclosed = -----

(One cheque per club, please, made payable to Orpington Ojays S.C)
Please enclosed stamped addressed envelope for confirmation of entries if entering via paper form. Confirmation of electronic entries will be sent via email.

Entries can be returned via email to mattsteere@gmail.com

Or by post to :

**Matt Steere,
8 Sedcombe Close,
Sidcup,
KENT DA14 4QG**

Closing date midnight: 15th March 2010
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