

50m Free	Short Course	Long Course
Name	Catherine Wrench	Catherine Wrench
Time	27.37	28.06
Date of swim	19.06.2010	17.04.2010
Location	Croydon	Crawley

100m Free	Short Course	Long Course
Name	Catherine Wrench	Rebecca Mulcahy
Time	59.35	1.00.39
Date of swim	14.11.2009	14.03.2010
Location	Croydon	Crystal Palace

200m Free	Short Course	Long Course
Name	Catherine Wrench	Catherine Wrench
Time	2.07.80	2.12.95
Date of swim	20.03.2010	22.11.2009
Location	Croydon	Crawley

400m Free	Short Course	Long Course
Name	Rebecca Mulcahy	Hannah Avins
Time	4.33.13	4.42.82
Date of swim	21.02.2010	23.05.2010
Location	Guildford	Aldershot

800m Free	Short Course	Long Course
Name	Catherine Wrench	Hannah Avins
Time	9.28.67	9.37.64
Date of swim	17.11.2009	15.05.2010
Location	Croydon	Crystal Palace

1500m Free	Short Course	Long Course
Name	Catherine Wrench	Hannah Avins
Time	18.41.09	18.30.66
Date of swim	12.11.2008	01.05.2010
Location	Croydon	Crystal Palace

50m Back	Short Course	Long Course
Name	Rosanna Raynor	Rosanna Raynor
Time	31.79	33.11
Date of swim	06.12.2008	19.04.2009
Location	Guildford	Crawley

100m Back	Short Course	Long Course
Name	Rosanna Raynor	Lydia Cooper
Time	1.09.60	1.11.64
Date of swim	09.11.2008	29.04.2006
Location	Croydon	Crystal Palace

200m Back	Short Course	Long Course
Name	Rosanna Raynor	Lydia Cooper
Time	2.31.42	2.36.20
Date of swim	15.11.2008	01.05.2006
Location	Croydon	Crystal Palace

50m Brst	Short Course	Long Course
Name	Charlotte Baxter	Abbey Farmer Hartley
Time	35.89	36.66
Date of swim	15.02.2003	01.05.2010
Location	Guildford	Crystal Palace

100m Brst	Short Course	Long Course
Name	Kerry Cable	Charlotte Baxter
Time	1.18.31	1.20.60
Date of swim	21.02.1999	11.05.2003
Location	Guildford	Crystal Palace

200m Brst	Short Course	Long Course
Name	Charlotte Baxter	Charlotte Baxter
Time	2.47.18	2.52.22
Date of swim	29.03.2002	09.05.2004
Location	Reading	Crystal Palace

50m Fly	Short Course	Long Course
Name	Clare Grundy	Rebecca Mulcahy
Time	29.75	30.68
Date of swim	24.10.2009	13.03.2010
Location	Sheffield	Crystal Palace

100m Fly	Short Course	Long Course
Name	Clare Grundy	Rebecca Mulcahy
Time	1.08.13	1.11.12
Date of swim	14.11.2009	09.05.2010
Location	Croydon	Crystal Palace

200m Fly	Short Course	Long Course
Name	Hannah Avins	Francesca Hayward
Time	2.33.40	2.49.83
Date of swim	19.06.2010	27.01.2007
Location	Croydon	Sheffield

100m IM	Short Course	Long Course
Name	Rebecca Mulcahy	N/A
Time	1.10.50	N/A
Date of swim	20.02.2010	N/A
Location	Guildford	N/A

200m IM	Short Course	Long Course
Name	Janine Innals	Rebecca Mulcahy
Time	2.24.70	2.34.73
Date of swim	1982	01.05.2010
Location	Croydon	Crystal Palace

400m IM	Short Course	Long Course
Name	Rebecca Mulcahy	Francesca Hayward
Time	5.16.78	5.35.83
Date of swim	01.12.2009	31.03.2007
Location	Croydon	Crystal Palace